



# Eran Magen - C.V.

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Eran Magen  
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<http://www.SupportiveRelationships.org>

## Professional Experience

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### 2013-Current

Center for Supportive Relationships

### Founder and Scientific Director

- Designing and managing delivery of community-wide programs for strengthening relationships and relational skills
- Clients include public school districts, medical schools at private universities, and for-profit corporations

### 2016-2017

Stanford University

### Visiting Scholar

Institute for Research in Social Sciences

### 2011-2015

University of Pennsylvania  
Counseling & Psychological Services (CAPS)

### Research Director

- Headed campus-wide preventive mental health program.
- Headed training program in population mental health.
- Directed internal research and assessment projects.
- Provided individual and couples therapy to students.

### 2012-2015

University of Pennsylvania  
Department of Psychology

### Adjunct Assistant Professor of Psychology

## Education

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### 2010-2011

University of Pennsylvania  
Counseling & Psychological Services (CAPS)

### Clinical Post-Doctoral Fellow

### 2008-2010

University of Pennsylvania  
Leonard Davis Institute of Health Economics

### Robert Wood Johnson Health & Society Scholar

Faculty appointment, Department of General Internal Medicine.

Topic: Social Support as a Public Health Resource

Mentors: Flaura Winston, M.D., Ph.D.; David Asch, M.D., M.B.A.

### 2003-2008

Stanford University  
Department of Psychology

### Ph.D. in Psychology

Concentration: Affective science & behavioral economics.

Dissertation: *Taming the Beast: Enhancing Self-Control by Reframing Temptations.*

Adviser: James Gross, Ph.D.

### 2004-2007

Stanford University  
School of Education

### M.A. in Education

Concentration: Learning processes, educational policy.

### 1995-1997

University of Ben-Gurion, Israel

### B.A. in Behavioral Sciences and Business Administration

Completed at age 18.

## Publications

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- 2018** Reiff, M., Kumar, M., Bvunzawabaya, B., Madabhushi, S., Spiegel, A., Bolnick, B., & **Magen, E.** (2018) I CARE: Development and Evaluation of a Campus Gatekeeper Training Program for Mental Health Promotion and Suicide Prevention, *Journal of College Student Psychotherapy*, DOI: 10.1080/87568225.2018.1433570
- 2017** **Magen, Eran**, DeLisser, Horace M. (2017). Best Practices in Relational Skills Training for Medical Trainees and Providers: An Essential Element of Addressing ACEs and Promoting Resilience. *Academic Pediatrics*, Advance online publication. Doi: <http://dx.doi.org/10.1016/j.acap.2017.03.006>.
- 2016** Pugliese, C., **Magen, Eran** (2016). A relational bank account that pays dividends. *ASCD Express*, 11(11), online publication: <http://www.ascd.org/ascd-express/vol11/1111-pugliese.aspx> .
- 2015** Feng, B., **Magen, Eran** (2015). Relationship closeness predicts unsolicited advice-giving in supportive interactions. *Journal of Social and Personal Relationships*, Advance online publication. doi: 10.1177/0265407515592262.
- 2014** **Magen, Eran**, Kim, B., Dweck, C. S., Gross, J. J., McClure, S. M. (2014). Behavioral and Neural Correlates of Increased Self-Control in the Absence of Increased Willpower. *Proceedings of the National Academy of Sciences*, 111(27), 9786–9791.
- 2012** Leroy, V., Grégoire, J., **Magen, Eran**, Gross, J. J., & Mikolajczak, M. (2012). Lead me not into temptation: Using cognitive reappraisal to reduce goal inconsistent behavior. *PLoS ONE*, 7(7), e39493.
- 2011** Leroy, V., Grégoire, J., **Magen, Eran**, Gross, J. J., & Mikolajczak, M. (2011). Resisting the sirens of temptation while studying: Using reappraisal to increase focus, enthusiasm, and performance. *Learning and Individual Differences*, 22(2), 263-268.
- 2011** **Magen, Eran** & Konasewich, P. A. (2011). Women support providers are more susceptible than men to emotional contagion following brief supportive interactions. *Psychology of Women Quarterly*, 35(4), 611-616.
- 2010** **Magen, Eran** & Gross, James J. (2010) Getting Our Act Together: Toward a General Model of Self-Control. In R. Hassin, K. Ochsner & Y. Trope (Eds.), *Self control in society, mind, and brain*.
- 2010** **Magen, Eran** & Gross, James J. (2010) The Cybernetic Process Model of Self-Control: Situation- and Person-Specific Considerations. In R. H. Hoyle (Ed.), *Handbook of personality and self-regulation*. New York: Blackwell Publishing.
- 2008** **Magen, Eran**, Dweck, Carol S., & Gross, James, J. (2008) The hidden zero effect: Representing a single choice as an extended sequence reduces impulsive choice. *Psychological Science*, 19(7), 648-649.
- 2007** **Magen, Eran** & Gross, James J. (2007) Harnessing the Need for Immediate Gratification: Cognitive Reappraisal Modulates the Reward Value of Temptations. *Emotion*, 7(7), 415-428.

## Selected Grants, Awards, and Honors

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**2011-2012**

University of Pennsylvania,  
Office of the Provost

**2010-2011**

NSF / The Center for Child Injury  
Prevention Research at CHOP

**2010-2011**

Robert Wood Johnson Foundation

**2010-2011**

Robert Wood Johnson Foundation

**2010**

NIH and CDC

**2009**

Robert Wood Johnson Foundation

**2008**

Russell Sage Foundation

**2008-2010**

University of Pennsylvania

**2007**

Stanford University

**2006**

Stanford University

**2006**

Massachusetts General Hospital

**2005**

Society for Judgment & Decision-  
Making, Annual Conference

**2005**

Stanford University

**2004**

Mind and Life Institute

**2003-2008**

Stanford University

**1995**

Israeli Defense Force (IDF)

**1995**

Ben-Gurion University, Israel

**1992**

'Ramot' Project,  
Ministry of Education, Israel

**Year of Games Grant**

Designing an Online Game for Teaching Effective Interpersonal Support  
Skills (PI)

**Child Injury Prevention Research Grant**

Creating an Emotionally Realistic Driving Simulator (Co-investigator)

**Robert Wood Johnson Foundation Seed Grant**

Building Capacity in Agent-Based Modeling for Population Health  
Research (Co-PI)

**Robert Wood Johnson Foundation Seed Grant**

Value of Farmer's Markets for Food Access in Philadelphia (Co-PI)

**Fellow – Institute on Systems Science and Health**

**Robert Wood Johnson Foundation Seed Grant**

Survey of Emotional Support Skills in Naturalistic Social Networks (PI)

**Small Grants in Behavioral Economics**

The "Hidden Zero" Effect (see Magen, Dweck, & Gross, 2008) (PI)

**Robert Wood Johnson Health and Society Scholar**

**Norman H. Anderson Research Award**

Supportive interactions (PI)

**Fellow – Stanford Summer School in Neuroeconomics**

Sponsored by NSF and NIA.

**Visiting Fellowship Program in Functional MRI**

Sponsored by the American Psychological Association.

**Student Poster Award (1<sup>st</sup> place)**

**Norman H. Anderson Research Award**

Modeling decision-making in the face of temptation (PI)

**Fellow – Summer Research Institute**

**Graduate Fellowship**

Full tuition and stipend.

**'Atuda' - IDF Academic Excellence Program**

**Undergraduate Scholarly Excellence Award**

Full tuition.

**Accelerated High School Studies**

Completed high school studies at age 16.

## Selected Community Service

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**2011-2014**

Facilitator, Palestinian-Israeli Student Dialogue Group at the University of Pennsylvania

**2011-Current**  
Peer Reviewer

Judgment and Decision-Making; Journal of Experimental Psychology: Learning, Memory and Cognition; Prevention Science; Journal of Social and Personal Relationships; Youth and Society; Israeli Science Foundation

**2013-2014**

Delaware County SPCA

- Research and assessment consultant (volunteer)
- Dog trainer (volunteer)

**2006-2008**

Stanford University  
Department of Psychology

Member of Human Subjects Committee

## Additional Information

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**Languages**

Fluent: English and Hebrew.  
Basic: Spanish and Arabic.

**Travel**

Argentina, Bulgaria, Canada, England, India, Israel, Jordan, Laos, Lebanon, Mexico, Thailand, United States.

**Non-Academic Work Experience**

Homeless outreach specialist with the Bowery Residents' Committee in NYC; Operations Officer (Lieutenant) in the Israeli Defense Force.

**Hobbies / Additional activities**

Guitar, percussion, Argentine tango, hiking, martial arts, free hugs, jumping over things, being the change.

